

The City College of New York



# Health Education for Young Children and their Families

A 1-credit (graduate) weekend workshop  
at the **Children's Museum of Manhattan**

The Tisch Building, 212 West 83rd Street (between Amsterdam Ave and Broadway)  
Friday, June 6 (3-7:30pm) and Saturday, June 7 (9-5pm)

This interactive weekend workshop is designed for educators and administrators who work with young children and their families. Conducted at and taught by instructors from the Children's Museum of Manhattan (CMOM), the sessions will focus on how to implement a program for young children and their families that promotes healthy lifestyle skills. Participants will learn how to enhance the health knowledge, attitudes, and behaviors of young children, their families and communities. They will be exposed to teaching strategies and resources that integrate health concepts (healthy eating, exercise, and sleep) into art, literacy, movement, and other learning experiences. An educator-led tour of CMOM's *EatSleepPlay*™ exhibit will be included in the training seminar. Participants will also receive instruction and materials on how to best use their existing resources to build community partnerships. The course will utilize CMOM's new *EatPlayGrow*™ curriculum, which was developed in partnership with the National Institutes of Health. All participants will receive a free copy of the curriculum plus access to CMOM's new online *EatPlayGrow*™ web training resource and a free visit to the museum with their class.

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eMOM  
Children's Museum of Manhattan

Fee: \$405 for 1 credit plus non-matriculation application fee of \$125.

Register for this course by contacting: Beverly Falk, Director,  
Graduate Programs for Early Childhood Education  
The School of Education, The City College of New York  
212-650-5182 or [bfalk@ccny.cuny.edu](mailto:bfalk@ccny.cuny.edu)

