Survive to Thrive

Chapter 1 – Note Taking Guide

Slide 4: Group Norms: Be Fully Present \_\_\_\_\_\_\_\_\_\_

Speak Your Truth \_\_\_\_\_\_\_\_\_\_

Commit to Curiosity \_\_\_\_\_\_\_\_\_\_

Suspend Judgment \_\_\_\_\_\_\_\_\_\_

Please select one of the Norms that you want to apply to our webinar discussion today. We will revisit at the end to reflect on how the norm worked for you today.

Slide 6: What Does It Mean to Be A Director?

Take a moment to think of your role as manager, leader and director. Jot some notes on where you see your strengths and where you would like to grow.

Slide 8: Emotions and Attributes

Take a moment and write down all of the emotions you have felt at work or because of work. As you write down these emotions, what is your reaction? Are these positive or negative emotions?

What personal attributes do you bring to your team?

**Slide 9: Identifying Leadership Traits**

Take a piece of blank paper and fold it in half. On one side, write down all of your leadership traits and on the other side write all of your leadership traits or qualities you are challenged by?

Example:

|  |  |
| --- | --- |
| **My Leadership trait or qualities** | **Traits and qualities that challenge me** |
| Listening | Staff who do not read emails |
| Mentoring and Reflective approach | Individuals who seek advice and perform the opposite of advice provided. |

Please use last blank page.

**Slide 10: Adult-Adult and Adult-Child**

After hearing these scenarios, what other similarities can you thing of? Jot some down and feel free to share in chat feature.

**Slide 12: Permission to Lead**

What ways do you see as building your effectiveness as a leader?  Jot down some ideas and please share a word or two in the chat box.

**Slide 13: Define Your Role**

Knowing these will allow you as a leader to focus your time and energy on where you can be the most effective.  Also, knowing how to ask for help from those around you frees you up to prioritize what you can do yourself. Quickly jot down some responses to what can you control?  Please enter one or two answers in chat box.

We invite you to be a part of the Survive to Thrive continuing conversation.  Join us on the Forum….

<https://discussion.earlychildhoodny.org/c/leadership-initiative>