

Fitness Center Coach (Park Slope Armory Ymca)

YMCA of Greater New York

Brooklyn, NY 11215

Coach / PD Provider

Part-time

Onsite

\$17.17 - \$17.17 an hour

Posted on October 12, 2026

Organization Statement

The YMCA of Greater New York is here for all New Yorkers — to empower youth, improve health, and strengthen community. Founded in 1852, today the Y serves a diverse population of more than half a million New Yorkers who learn, grow, and thrive through programs and services at our 24 branches. Community is the cornerstone of the Y. Together, we connect active, engaged New Yorkers to build stronger communities.

Job Description

The Park Slope Armory YMCA is looking for a Fitness Center Coach who will oversee fitness areas at the branch and provide outstanding hospitality to ensure a positive and safe user experience.

Responsibilities

- Provide orientation and instruction on proper usage of fitness equipment to members – adults and teens.
- Provide outstanding hospitality to all members and guests, initiating a professional relationship with the members in regard to their needs, concerns, and questions and acting as an agent to accommodate the member's needs/concerns.
- Assist members in effectively utilizing fitness equipment.
- Understand the basic fitness principles and be aware of current fitness programs and trends.
- Monitor fitness areas to ensure compliance with YMCA policies and procedures.

- Provide members with opportunities that will increase their involvement, sense of belonging, and ownership of the YMCA.
- Perform equipment inspections and report results to supervisor.
- Maintain cleanliness and order in the fitness center.
- Obtain shift coverage when unable to report to work.
- Make phone calls to members, as needed.
- Maintain required certifications, tracked in Club Connect.
- Actively participate in training sessions and designated meetings.
- Have a thorough knowledge of branch emergency procedures and take appropriate action for emergency situations.
- Support community and promotional special events as needed.

Qualifications

- High School diploma or equivalent desirable.
- Minimum age – 18 years old.
- Experience working in a health and fitness environment.
- Current CPR / First Aid / AED certifications.
- Knowledge of Principles of Member Health & Wellness, and Foundations of Strength and Conditioning.
- Excellent customer service skills.
- *Must be available to work flexible hours including mornings, afternoons, evenings and/or weekends.*
- **Minimum Education Level:** Highschool Graduate or GED
- **Preferred Education Level:** Highschool Graduate or GED

Application Instructions

If you would like to be a member of our dynamic team, please complete our [online application](#) and submit your résumé and a thoughtful cover letter that explains your interest in the role and our organization.

Benefits:

The YMCA of Greater New York offers a variety of benefits to its staff members including [retirement benefits](#), medical, paid time off, free YMCA membership and more! Benefit eligibility is determined by an individual's employment status (i.e., full-time or part-time), tenure and/or the number of hours scheduled to work. Click [here](#) for more information.

Language Requirements

English

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